

## Alaska Kenai & Denali Adventure - NUKD

8 days: Anchorage to Anchorage

### What's Included

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- Road trip along the scenic Seward Highway
- Hike to Exit Glacier and Harding Icefield
- Kenai Peninsula stay
- Denali NP entrance fees
- Denali NP dogsled demonstration
- Full-day excursion to Eielson Visitor Center in Denali NP
- Free time in Seward
- All transport between destinations and to/from included activities

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**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

**VALIDITY:** Valid for all trips departing May 18th, 2016 and onwards

### Itinerary

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#### Day 1 Anchorage

Arrive at any time.

#### Arrival Day and Welcome Meeting

1h18:00

The adventure begins tonight. Feel free to explore before your welcome meeting, but make sure you're back in time to meet the group. After introductions, your CEO will review the details of your tour. Please note that normal check-in times apply at our start hotels, but you can usually store your luggage for the day if you arrive early.

#### Day 2 Anchorage/Seward

Drive south through the Kenai Peninsula along one of US's most scenic highways, the Seward Highway. Pass between cliffs and ocean and through the Chugach National Forest surrounded by mountains. Hike one of the trails of Kenai Fjords National Park to the Exit Glacier and Harding Icefield in the afternoon, seeing the size of this natural phenomenon in person.

Leave Anchorage in the morning and arrive at the tip of the Kenai Peninsula where the ice age still lingers. Spend the day exploring this site to discover the fjords, their history, science and remote splendor.

#### Hike to Exit Glacier and Harding Icefield

Exit Glacier 5h-8h 12km

Head out on an amazing hike to the Exit Glacier and Harding Icefield. The 11.9km (7.4 mi) round trip of the Harding Icefield Trail is a spectacular day hike that utilizes back-country and on-trail trekking. Starting on the valley floor, the trail winds through cottonwood

and alder forests, passes through heather-filled meadows and ultimately climbs well above tree line to a breathtaking view of the icefield. The top of the trail is a window to past ice ages - a horizon of ice and snow that stretches as far as the eye can see, broken only by an occasional nunatak or lonely peak. There are various lookout points along the trail that serve as good turnaround points. Portions of the upper trail are covered by ice and snow part of the year. Easier, shorter hikes to the base of the glacier are also options that also afford beautiful views for those not looking for a strenuous hike.

Black bears are spotted frequently from the Harding Icefield Trail.

### **Private Vehicle**

Anchorage - Seward 2h30m-3h200km

Settle in and scan the scenery from the convenience of a private vehicle.

### **Meals included: Lunch**

### **Day 3 Seward**

Enjoy a free day for activities around Seward. Opt to take a scenic boat cruise through the Kenai fjords to get up close and personal with glaciers and marine life, hike through breathtaking scenery, or visit the Alaska SeaLife Center.

### **Free Time**

Seward Full Day

Get out and explore this natural paradise!

### **Optional Activities - Day 3**

#### **Kenai Fjords Boat Trip**

Seward

150-175USD per person

Soak in the gorgeous coastline views from the comfort of a boat. Keep your eyes peeled for a variety of whales (orca, humpback, fin and minke) and marvel at the view of the glaciers.

#### **Alaska SeaLife Center Visit**

Seward 1h-3h

20USD per person

The Alaska SeaLife Center is the only public aquarium in the state and also functions as an ocean wildlife rescue center. The facility focuses on research, rehabilitation, education, and exhibits.

#### **Coastal Trail Hike**

Seward 2h-3h 1-6km

Free

Enjoy an easier hike along the scenic Coastal Trail for about 2-3 hrs.

#### **Sea Kayaking Tour**

Seward - Resurrection Bay 8h-9h

Explore the stunning surroundings of Resurrection Bay from the water. Follow a naturalist guide along the scenic western shoreline of the bay and marvel at the snow-covered mountains and hanging glaciers. Learn about the bay's history, highlights, and wildlife along the way. Sea otters, sea lions, harbor seals, bald eagles, seabirds, and jumping salmon are often seen. Occasionally, whales are also spotted. Continue along the Caines Head State Recreation Area and, depending on group speed, all the way to Tonsina Creek. During spawning season, if the tide is high it may be possible to paddle up the creek to see spawning salmon.

About halfway into the trip, make a shoreline stop to enjoy hot drinks and lunch with time to stretch your legs and explore.

### **Meals included: Breakfast**

### **Day 4 Seward/Talkeetna**

Travel north to quaint Talkeetna. Opt to take a scenic flight over the area, float by raft or go further afield by jet boat on the Talkeetna River to learn about local flora, fauna and early settlers to the area, or stay in town to shop or sample beer from the local microbrewery.

Denali flightseeing is only available some days when weather conditions are appropriate for flying and good views.

#### **Private Vehicle**

Seward - Talkeetna 5h-6h 250km

Settle in and scan the scenery from the convenience of a private vehicle.

#### **Free Time**

Talkeetna Afternoon

Spend time exploring quirky Talkeetna.

#### **Optional Activities - Day 4**

##### **Shopping**

Scour the local shops and stalls for unique wares to remind you of your travels to the region.

##### **Wilderness Jet Boat Tour**

Talkeetna

70USD per person

Travel by river jetboat 20 miles (32km) along the river system, learning about the local ecosystem from a naturalist guide. Stop off and go for a short nature walk to the Dena'ina Indian Encampment, home to the earliest native settlers in the area, then visit an old trapper's cabin to learn about the trapper's way of life.

##### **Talkeetna River Natural History Float Trip**

Talkeetna 10km

79USD per person

Board a raft and float down the Talkeetna River on the lookout for bears, eagles, moose, beavers, foxes and native birds while learning about the local environment of the river and its banks. Loop onto to the Susitna River for the return journey, and if you're lucky enough for it to be clear, you'll see stunning Denali (formerly Mt McKinley) over the trees. This is a relaxing and educational float that gets you out in nature.

##### **Denali Scenic Flight**

Denali National Park and Preserve

220-420USD per person

Take to the skies for a bird's eye view of the spectacular grandeur. Get a better view of the mountains, glaciers, and wilderness from a few thousand feet up.

#### **Meals included: Breakfast**

#### **Day 5 Talkeetna/Denali National Park and Preserve**

Head north and keep cameras at the ready for the stunning scenery on the way to Denali National Park. Enjoy a dog sledding demo, and opt to hike in the park.

Enjoy plenty of time to explore and hike Denali NP. Discover the dynamic glaciated landscape providing large rivers, countless lakes and ponds, and unique landforms which form the foundation of the ecosystems that thrive in Denali with some hikes in the area.

If weather conditions aren't great for flightseeing on Day 4, there is a possibility to try again this day before driving north to Denali.

#### **Private Vehicle**

Talkeetna - Denali National Park and Preserve 3h-3h30m 250km

Settle in and scan the scenery from the convenience of a private vehicle.

#### **Denali National Park Visit**

Denali National Park and Preserve

Spend the day exploring Denali National Park. The area is well-known for its diversity of wildlife and Denali, the highest peak in North America, formerly called Mt McKinley. There are 39 species of mammals, 167 species of birds, 10 species of fish, and one species of amphibian known in Denali. Summer is a time for raising the young and preparing for migration, hibernation, or survival during the winter and, with a little luck, we witness it all. Discover the dynamic glaciated landscape providing large rivers, countless lakes and ponds, and unique landforms which form the foundation of the ecosystems that thrive in Denali.

### **Denali Visitor Center & Dog Sled Demonstration**

Denali National Park and Preserve

Learn about the flora and fauna throughout Denali NP at the visitor centre before a dog sledding talk and demonstration by the park rangers.

### **Optional Activities - Day 5**

#### **Denali Scenic Flight**

Denali National Park and Preserve

220-420USD per person

Take to the skies for a bird's eye view of the spectacular grandeur. Get a better view of the mountains, glaciers, and wilderness from a few thousand feet up.

#### **Rafting on Nenana River**

Denali National Park and Preserve

Hit the rapids on the Nenana River. Soak in the gorgeous scenery and get a rush of adrenaline in Denali National Park.

### **Day 6 Denali National Park and Preserve**

Hop on a Denali NP bus to Eielson Visitor Center on a full-day excursion to take in the beautiful flora, fauna, and mountains in the park. Keep an eye out for moose, bears, and caribou!

#### **Scenic Shuttle Bus to Eielson Visitor Center**

Denali National Park and Preserve

Depart early to explore Denali National Park. Take the shuttle bus to the Eielson Visitor Center and back, getting deep into the heart of the park. The journey takes approximately 8 hours and shows off the stunning wilderness of Denali.

### **Optional Activities - Day 6**

#### **Hiking**

Denali National Park and Preserve 1h-3h 2-7km

Use any of the hiking trails around the park to enjoy the rugged beauty of Denali National Park. If the weather is clear, look up to see Denali (formerly named Mt McKinley) towering overhead.

#### **Meals included: Lunch**

### **Day 7 Denali National Park and Preserve/Anchorage**

Free morning for optional whitewater rafting or hiking, then say farewell to Denali NP and travel back to Anchorage. Opt to join the group for a farewell dinner.

#### **Free Time**

Denali National Park and Preserve Morning

Go rafting or hiking on the last morning in Denali NP.

#### **Private Vehicle**

Denali National Park and Preserve - Anchorage 4h-5h 370km

Settle in and scan the scenery from the convenience of a private vehicle.

### **Optional Activities - Day 7**

#### **Rafting on Nenana River**

Denali National Park and Preserve

Hit the rapids on the Nenana River. Soak in the gorgeous scenery and get a rush of adrenaline in Denali National Park.

#### **Hiking**

Denali National Park and Preserve 1h-3h 2-7km

Use any of the hiking trails around the park to enjoy the rugged beauty of Denali National Park. If the weather is clear, look up to see Denali (formerly named Mt McKinley) towering overhead.

#### **Farewell Dinner**

Enjoy a meal with your new found friends and reminisce about the fantastic adventure you've all had.

## Day 8 Anchorage

Depart at any time.

## Departure Day

Not ready to leave? Your CEO can help with travel arrangements to extend your adventure.

## What's Included

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Road trip along the scenic Seward Highway. Hike to Exit Glacier and Harding Icefield. Kenai Peninsula stay. Denali NP entrance fees. Denali NP dogsled demonstration. Full-day excursion to Eielson Visitor Center in Denali NP. Free time in Seward. All transport between destinations and to/from included activities.

## Highlights

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Hike among glaciers and icefields, discover the history of dog sledding, marvel at the scenery in Denali NP

## Dossier Disclaimer

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## Itinerary Disclaimer

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While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

## Important Notes

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### 1. WALKS AND HIKES - OPTIONAL

All walks and hikes proposed by our CEO will be easy to moderate level. You may choose to participate or not, but exploring our national parks on foot is part of our way of travelling. It's a healthy way to discover North America's beauty and landscape.

### 2. LEGAL DRINKING AGE

Please note that the legal drinking age in the United States is 21. Many bars and clubs will ask for ID at the door, therefore listening to live music in certain bars or spending a night out is not possible when you are under the legal age, even if you don't plan on consuming alcohol. Drinking laws are strictly enforced and our CEOs are unable to help those under age obtain alcohol of any kind. In Alaska, ID is often checked, even for the elderly, and in many places every single customer making an alcohol purchase must show identification (either US government-issued ID or passport if not from the States).

While this should not stop those under legal drinking age from booking a tour, it is important to note that if a traveller is under-age there are certain optional nighttime activities that they may not legally be able to participate in. When trying to book the right trip, we recommend that travellers under legal drinking age take this into consideration.

## Group Leader Description

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This G Adventures group trip is accompanied by one of our group leaders, otherwise known as a Chief Experience Officer (CEO). The CEO will be the group manager, leader and driver - this person is experienced in the routes travelled and will organize and lead the meal preparations and has experience in cooking a variety of local and international dishes for large groups.

As the group coordinator and manager, the aim of the CEO is to take the hassle out of your travels and to help you have the best trip possible. While not being guides in the traditional sense, you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects. They will also offer suggestions for things to do and to see, recommend great local eating venues and introduce you to our local friends.

We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting - we think it's the best of both worlds.

## Group Size Notes

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Max 13, avg 9

## Meals Included

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2 breakfasts, 2 lunches

## Meals

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Some meals on this tour are included in the tour price. When a meal is not included, this is because there are often many options available and we believe you should have the opportunity to explore a bit and taste the local cuisine yourself. In these cases, your CEO will be able to suggest some good local restaurants or options for you to choose from.

## Transport

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Air-conditioned private vehicle, national park shuttle bus, hiking

## Solo Travellers

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We believe solo travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and solo travellers on these itineraries must pay the single trip price.

## Accommodation

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Hotels/motels (5 nts), cabins (2 nts, shared facilities).

## About Accommodation

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Our accommodation in Denali may utilize shared bathrooms.

## Joining Hotel

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For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

## Joining Instructions

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Upon arrival on Ted Stevens Anchorage International Airport, which is located 6 miles (10km) from downtown Anchorage, you have a couple of options for transportation: public taxi and a complimentary shuttle service provided by your Joining Hotel in downtown Anchorage. Both are located right outside the main lobby or at the domestic terminal the taxi waiting area can be reached by the underground transportation or lobby or the sidewalk outside.

Taxi

The drive will take about 15-20 min depending on traffic and the fare to your hotel is approximately \$23 (excluding tip).

Complimentary shuttle service

No matter what time you arrive the shuttle is there for you 24 hours 7 days a week. Once you have your luggage proceed to the Ramada courtesy phone located in the baggage claim area. Call the hotel to arrange your pick up from the airport. Apart from tipping the driver at the end you don't have to pay a dime.

Please note that Day 1 is an arrival day and no activities have been planned for that day other than your welcome meeting in the evening, so you can arrive at any time.

Your CEO will organize a short meeting soon after arrival, during which you will meet other tour participants and receive information about general and specific aspects of the trip. A welcome note will be left for you in the hotel so you have all the necessary information regarding the meeting time. If you arrive late, s/he will leave you a message detailing what time and where you should meet the next morning.

## Arrival Complications

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We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, please refer to the emergency contact details provided in this dossier and contact us as soon as possible. If you have a pre-booked transfer, and you have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

## Emergency Contact

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Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Local Representative or our G Adventures Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

### EMERGENCY CONTACT NUMBERS

G Adventures Local Representative (Canada-based)

24hr emergency number

From outside Canada: +1 514-948-4145

From within Canada: +1 514-948-4145

If you are unable for any reason to contact our local office, please call the numbers listed below, which will connect you directly with our 24 hour Sales team, who will happily assist you.

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1 300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

## What to Take

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You will be on the move a lot, so our advice is to pack as lightly as possible.

For days in the outdoors, we recommend the use of lightweight, breathable, moisture-wicking fabrics made of wool or synthetic fibers. Cotton is not recommended for days spent hiking as it does not allow for heat or moisture to enter or escape, and it will not dry easily once wet.

We recommend using a backpack for your convenience, or a medium-sized suitcase if you prefer. Heavy luggage is not recommended for the health of the CEO, who will take a lead in loading the storage trailer. Due to space in the trailer, we will not be able to accommodate more than one piece of main luggage per person. A good size day-pack (20-35L) is also essential to carry your personal gear for the day, as access to luggage between destinations will be limited. This daypack will be used to carry your personal gear for the day, your lunch and a water bottle.

It is important to pack clothes for warm days and cool evenings, as well as a light jacket. A set of smart casual clothes is also advisable.

NOTE: Mountains in Canadian Rockies and Alaska could have unpredictable weather with snow and heavy rain even in Summer time. Spring time could be snowy (until end of June) and fall season could start as soon as mid-August. Make sure you have equipment and clothing for all conditions!

## Checklist

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### Cold Weather:

- \* Long-sleeved shirts or sweater
- \* Scarf
- \* Warm gloves
- \* Warm hat
- \* Warm layers

### Documents:

- \* Flight info (required) (Printouts of e-tickets may be required at the border)
- \* Insurance info (required) (With photocopies)
- \* Passport (required) (With photocopies)
- \* Required visas or vaccination certificates (required) (With photocopies)
- \* Vouchers and pre-departure information (required)

### Essentials:

- \* Binoculars (optional)
- \* Camera (With extra memory cards and batteries)
- \* Cash, credit and debit cards
- \* Day pack (Used for daily excursions or short overnights)
- \* Ear plugs
- \* First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- \* Flashlight/torch (Headlamps are ideal)
- \* Fleece top/sweater
- \* Footwear
- \* Hat
- \* Locks for bags
- \* Long pants/jeans
- \* Moneybelt
- \* Outlet adapter
- \* Personal entertainment (Reading and writing materials, cards, music player, etc.)
- \* Reusable water bottle
- \* Shirts/t-shirts
- \* Sleepwear
- \* Small travel towel
- \* Sunglasses
- \* Toiletries (Preferably biodegradable)
- \* Watch and alarm clock
- \* Waterproof backpack cover
- \* Windproof rain jacket

### Warm Weather:

- \* Sandals/flip-flops
- \* Shorts/skirts (Longer shorts/skirts are recommended)
- \* Sun hat/bandana
- \* Swimwear

## Laundry

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Laundry can be done at least once while on tour. Most cities have laundromats where you can buy soap and wash your laundry in coin-operated machines. Your CEO will advise you along the trip where you will be able to do your laundry.



## Visas and Entry Requirements

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All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy, or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check yourself and understand that you are fully responsible for your own visa requirements.

## Spending Money

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Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

## Money Exchange

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The United States currency is the US Dollar (USD).

Credit cards are accepted almost everywhere in the US and can be used to purchase small and large items. When purchasing products or services with a foreign credit card in the USA, you may be charged additional fees by your credit card company for foreign purchases.

Credit cards and debit cards are very useful for cash advances but you must remember to bring your PIN number (be aware that many ATM machines only accept 4-digit PINs). Both Cirrus and Plus system cards are the most widely accepted debit cards. Both Visa and Master Cards are the most widely accepted credit cards. While ATMs are commonly available, there are no guarantees that your credit or debit cards will actually work check with your bank before you travel. A visit to an ATM can be arranged on Day 1 and other days of the trip.

Do not rely on credit or debit cards as your only source of money. A combination of US Dollars as cash (preferably smaller bills, 5's, 10's and 20's), traveller's cheques and credit cards is best. Currency exchange is best obtained prior to travel or at the airport, currency exchange is very difficult to find in the USA and most banks do not accommodate.

Always take more rather than less, as you don't want to spoil the trip by constantly feeling short of funds.

As currency exchange rates can fluctuate often we ask that you refer to the following website for daily exchange rates: [www.xe.com](http://www.xe.com)

## Emergency Fund

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Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

## Tipping

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It is customary in North America to tip service providers such as waiters, bartenders and taxi drivers, at approximately 15-18%, depending on the service. Tipping is an expected - though not compulsory - component of your tour program and an expression of satisfaction with the persons who have assisted you on your tour. Although it may not be customary to you, it is of considerable significance to the people who will take care of you during your travels. There are times during the trip where there is opportunity to tip any local guides used. Recommendations for tipping local guides would range from \$2-8 USD per activity depending on the quality and length of the service; ask your CEO for specific recommendations based on the circumstances and culture.

## Optional Activities

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Optional activity prices are subject to change and can fluctuate in relation to the high/low season and the number of people on a specific excursion. Not all excursions listed here may be available, due to season or weather conditions. As generally not a lot of time is spent in start/end cities, you may want to arrange to arrive early, or stay longer after the trip in order to allow sufficient time to participate in optional activities there.

Please see the full itinerary for information on optional activities, descriptions and estimated pricing.

## Safety and Security

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Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your group leader has the authority to amend or cancel any part of the trip itinerary if it deemed necessary, due to safety concerns. Your Chief Experience Officer (CEO) will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy and explore at your leisure. While your CEO will assist you with options available in a given location, please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgement when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards), have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk. [Read more about travel safety](#) for ways to further enhance your personal safety while traveling.

## Medical Form

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Our small group adventures bring together people of all ages. It is very important you are aware that an average level of fitness and mobility is required to undertake our easiest programs. Travellers must be able to walk without the aid of another person, climb 3-4 flights of stairs, step on and off small boats, and carry their own luggage at a minimum. Travellers with a pre-existing medical condition are required to complete a short medical questionnaire, which must be signed by their physician. This is to ensure that travellers have the necessary fitness and mobility to comfortably complete their chosen trip. While our leaders work hard to ensure that all our travellers are catered for equally, it is not their responsibility to help individuals who cannot complete the day's activities unaided. Please refer to the physical ratings in this Trip Details document for more information.

Please note that all passengers traveling to Antarctica are required to fill out this questionnaire.

The medical questionnaire can be found online at [www.gadventures.com/medical-form](http://www.gadventures.com/medical-form).

## A Couple of Rules

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Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter, and in particular the local people who make the world the special place it is. The exploitation of prostitutes is completely contrary to this philosophy. Our group leader has the right to expel any member of the group if drugs are found in their possession or if they use prostitutes.

## Travel Insurance

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Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your leader, who will take note of your insurance details. When selecting a travel insurance policy we require that at a minimum you are covered for medical expenses including emergency evacuation and repatriation. A minimum coverage of USD200,000 is required. G Adventures can provide you with the appropriate coverage. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. Some tours include adventure activities that require extra coverage (e.g. crampon use); please review your itinerary and make sure that you are covered for all included activities. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

## Planeterra-The G Adventures Foundation

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The Planeterra Foundation [planeterra.org](http://planeterra.org) is a Canadian non-profit organization that helps empower local people to develop their communities, conserve their cultures, and create humane and supportive systems for their endeavours. Planeterra provides capacity building and catalyst grants to get community social enterprises off the ground. These businesses address local challenges by providing benefits for indigenous people, empowering marginalized women, and granting disadvantaged youth access to education, employment, and brighter futures. Planeterra also works to ensure these businesses have a thriving customer base by integrating programs into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs so 100% of your donation will bring opportunity to people in need.

#### Dollar-a-Day Program

G Adventures' Dollar-a-Day Program provides travellers with the opportunity to give back to the people and places visited on our tours by donating one dollar for every day you are on trip. 100% of these donations go directly to support community development projects worldwide that are implemented by Planeterra.

## Feedback

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After your travels, we want to hear from you! Your feedback information is so important to us that we'll give you 5% off the price of your next G Adventures trip if your feedback is completed on-line within 30 days of finishing your trip. Your tour evaluation will be e-mailed to you 24 hours after the conclusion of your trip. If you do not receive the tour evaluation link in the days after your tour has finished, please drop us a line at [customerservice@gadventures.com](mailto:customerservice@gadventures.com) and we will send it on to you.

## Newsletter

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Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at [www.gadventures.com/newsletters/](http://www.gadventures.com/newsletters/)

Stay current on how our company invests in our global community through our foundation - Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

## Minimum Age

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You must be 18 to travel unaccompanied on a G Adventures tour. For minors travelling with a guardian over 21 years old, the minimum age is 12.

## International Flights

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Check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.