

Sailing Greece - Santorini to Santorini - GVSS

10 days: Santorini to Santorini

What's Included

- 9 nts aboard a 15m (52 ft) sailing yacht
- Fully licensed skipper
- Snorkelling equipment

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VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

VALIDITY: Valid for all trips departing January 1st, 2017 and onwards

Itinerary

Day 1 Santorini/Cyclades

Arrival day. Join the group at 11am for a welcome meeting and safety briefing before beginning the journey through the Cyclades.

We highly recommend booking pre-tour accommodation in order to have time to explore the island of Santorini.

On our Greek sailing trips, the G Adventures Skipper/CEO will help you make a food kitty, where around EUR 75 per person, per week will be added to the kitty for small food items on board to cover breakfasts, lunches and the odd dinner.

Breakfasts and lunches are prepared by yourself, and most dinners are taken ashore at local restaurants.

Sailing Welcome Meeting

11:00

Welcome aboard! Before setting sail meet the skipper and the rest of the group at a welcome meeting. Your skipper should be easy to spot in a G Adventures shirt or with a G Adventures flag at the skipper table.

16m (52 ft) Mediterranean Sailing Yacht

Santorini - Cyclades

Get into the thick of things swiftly aboard one of our sharp-looking yachts.

Days 2-4 Cyclades

Spend time in the Greek Isles with experienced skippers and a flexible schedule. The coming days will be tailored to meet the desires of the group and weather conditions. Stops might include Ios, the Small Cyclades and Naxos.

The islands of the Cyclades offer a range of different experiences on each island.

While on Ios, relax on famous Magganari beach and don't forget to visit Homer's tomb.

Head out on an optional all-day adventure with your fellow yachtmates and skipper as you discover the best Naxos has to offer-- the Temple of Dimitra, a microbrewery, views of Mt Zeus and a meal at a local tavern.

Please note: While it is our intention to adhere to the route described, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable, to make alterations. On Day 1 of your tour you will be advised of any amendments.

16m (52 ft) Mediterranean Sailing Yacht

Cyclades

Get into the thick of things swiftly aboard one of our sharp-looking yachts.

Ios Island Excursion

Íos

Stop at Ios island and get up close to the hillside clusters of blue-roofed white buildings, explore an amphitheatre and stand on the golden beaches. Look out at the sapphire sea while soaking in the Greek island ambiance.

Take a scenic 25 minute walk up the hill to the old town of Charos. If there's time visit the tomb of the famous poet Homer or head the famous Manganari beach on the south side of the island to enjoy the sun and clear water.

Naxos Island Excursion

Naxos

Opt to take a day trip to Naxos guided by your CEO skipper. Bring your license to explore the island by car rental. Stop at the Temple of Dimitra, a local microbrewery and the Church of Droisiani to see the 6th century wall paintings. Take in the view of Mt Zeus at Zas Cave and enjoy a meal at a welcoming local tavern owned by the town butcher. End the day at Apollonas beach.

Day 5 Cyclades/Mykonos

Arrive to Mykonos and opt to visit the local windmills and enjoy a cocktail on a veranda overlooking Little Venice. The beaches and nightlife add excitement to this picturesque island.

16m (52 ft) Mediterranean Sailing Yacht

Cyclades - Mykonos

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Mykonos Island Excursion

Mykonos

Explore the island of Mykonos, Greece's most famous cosmopolitan island. Named for the grandson of the Greek God Apollo, Mykonos' vibe is uniquely glam yet simple and has something for everyone. A vivid nightlife, beautiful beaches and historical sites draw in all kinds of travellers including celebrities, families, and students. Visit the local windmills and enjoy a cocktail on a veranda overlooking Little Venice.

Days 6-9 Mykonos/Cyclades

Spend the next few days enjoying more of the Cyclades. Depending on where the wind will take us, stroll through the markets of Syros, uncover the beauty of the Venetian ruins in Paros and walk and hike through the trails and paths of Sifnos. Wander the breathtaking cliffside city of Hora or enjoy cocktails at sunset.

Find countless treasures and must-grab deals while strolling through the markets of Syros.

Explore the Venetian ruins in Paros. Walk and hike through the trails and paths of Sifnos before stopping at a local ceramic workshop.

No trip is complete without wandering around the breathtaking cliffside city of Hora or enjoying cocktails at sunset over the whitewashed buildings that scatter the landscape.

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Mykonos - Cyclades

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Syros Island Excursion

Nísos Sýros

Stretch those sea legs on the island of Syros while on a short hike, visiting local markets or admiring the Medieval architecture unique to the island. The major port city of Ermoupolis is the financial centre and capital of Syros as well as the Cyclades. Depending on where the group decides to explore, head to some of the small beaches on the island or try scuba diving.

Paros Island Excursion

Páros

Visit the island of Paros in the heart of the Cyclades, known for its hidden beaches, quaint villages and bountiful plant life. The countryside is filled with vineyards, olive groves and fruit trees while in the spring the scenery is dotted with bursts of colour from blooming flowers. Explore Livadhi, the small town to the east easily accessed from the channel between Paros and Naxos. Livadhi is a great place to sit back at a tavernas, enjoy the view and savour some yummy Greek food. History buffs tend to flock to the North side of Paros to Naousa to see the town's historic port and Venetian ruins.

Sifnos Island Excursion

Nisi Sifnos

Walk around the island of Sifnos past snowy white houses, little churches with blue domes on green hills that lead to sandy beaches. Hike along the walking trails with spectacular views of olive groves and wild juniper. The island hosts a number of small, locally-owned and operated ceramic workshops, some of which are open to the public. Stop in and pick up a unique, authentic keepsake to take home.

Folegandros Island Excursion

Folégandros

Explore one of the must see islands in the Cyclades, Folegandros, and the beautiful city of Hora. The capital which is located up in the hills, boasts a traffic-free main street with plenty of green spaces to explore. Spend some time hiking the trails, taking photos of the classic whitewashed houses decorated with colourful bougainvillea or exploring under the waves while snorkeling.

Day 10 Cyclades/Santorini

Depart after breakfast.

We highly recommend booking post-tour accommodation on the island.

16m (52 ft) Mediterranean Sailing Yacht

Cyclades - Santorini

Get into the thick of things swiftly aboard one of our sharp-looking yachts.

Departure Day

10:00

Not ready to leave? Your CEO can help with travel arrangements to extend your adventure.

What's Included

9 nts aboard a 15m (52 ft) sailing yacht. Fully licensed skipper. Snorkelling equipment.

Highlights

Sail through the pristine waters of the Greek Islands aboard a yacht, capture the ultimate Greek snapshot on Santorini, wander through whitewashed villages on Paros, enjoy the party on Mykonos, discover Venetian architecture on Naxos

Dossier Disclaimer

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Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

Important Notes

1. Space is limited on the boat and especially in your cabin. You can only take soft sided luggage on board, such as a mid-sized backpack or soft duffel bag. (Less than 15kgs)
Suitcases are not appropriate for our Sailing adventures as they are not pliable enough to fit into the niches available for luggage.
2. Fresh water is very limited on board, and as such we ask for your understanding that showers are limited to one quick shower per person a day.
3. It's important to note that the beds in the cabins are not the usual length of a standard bed. The length is approximately 1.8 meters (6 feet)
4. Electrical outlets on board are European style with 2 pins (240V), and are only operational while in port. It is recommended to bring an external battery pack for charging personal electronics.
5. This is a self-catering trip, and everybody will be expected to participate, cleaning up after themselves, and keeping the boat ship shape at all times (including washing the dishes, and emptying the bins when ashore.)
6. Physical Rating:
 - You should be able to climb up small steep ladders, or walk over a wooden plank (without a handrail) when boarding/disembarking the vessel, and be physically able to carry your luggage.
 - You will often be climbing in and out of the yachts inflatable tenders at beach landing spots, and boarding/disembarking the tender from the yacht in sometimes challenging conditions.
 - Moving around the yacht while under sail can be challenging as it moves in the waves or heels over to its side. You should be physically able, and comfortable, to move about in such conditions.

Group Leader Description

A G Adventures skipper will be with the group throughout your journey. The aim of the skipper is to take the hassle out of your travels and to help you have the best trip possible, as well as taking complete charge of the sailing, your safety on board and the safety of the vessel. As this is a real sailing adventure, our skipper might also request your help on board and will be more than happy to impart some of their vast sailing knowledge during the course of the journey. Our skippers are all fully licensed with many years of experience sailing in the area. They will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and you can expect your skipper to have a broad general knowledge of the Greek Islands you will visit.

Group Size Notes

Max 8.

Meals Included

No meals included

Meals

Eating is a big part of traveling. Travelling with G Adventures you experience the vast array of wonderful food that is available out in the world. Generally meals are not included in the trip price when there is a choice of eating options, to give you the maximum flexibility in deciding where, what and with whom to eat. It also gives you more budgeting flexibility, though generally food is cheap. Our groups tend to eat together to enable you to taste a larger variety of dishes and enjoy each other's company. There is no obligation to do this though. Your CEO will be able to suggest favourite restaurants during your trip. The above information applies to G Adventures group trips. For Independent trips please check the itinerary for details of meals included. For all trips please refer to the meals included and budget information for included meals and meal budgets.

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Transport

15m (52 ft) sailing yacht.

About our Transportation

Our 50ft sailing boats are equipped with state of the art technology offering all travellers onboard a safe and enjoyable experience. Space is optimized - sleeping quarters are snug, meaning that more of the boat is open from everyone to enjoy. Cabins are allotted by the skipper based on the gender and traveller make-up of the group.

Solo Travellers

We believe solo travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and solo travellers on these itineraries must pay the single trip price.

Accommodation

4 twin/double bed cabins, 3 bathrooms, 3 showers.

About Accommodation

A NOTE REGARDING SMALL SPACES ON SAILBOATS:

- Please note that the rooming for these boats is assigned upon arrival and neither particular cabins, nor berths can be guaranteed. You will be sharing a bunk or double bed with your travel partner or one of your fellow passengers of the same sex and sharing the bathrooms onboard.
- Please be aware that as this is a real sailboat and not a cruise vessel and the space on board is tight. The sleeping quarters on sailboats are generally kept to a minimum size in order to maximize public space and performance.
- It may be possible to smell engine and/or diesel fumes when in the cabins, due to their proximity to the engine room. Most travel is done during the day, so it is unlikely you will be in the cabin when the engine is running.
- Some people are not comfortable with the type of close quarter arrangements typically found on sailboats, however if a real sailing experience on a real sailboat is what you are after, then this experience should more than make up for cramped quarters.
- Opportunities to sleep in open air on main deck are often available.
- Please note that the skipper may also be sharing the ship's quarters and amenities with you.
- Power onboard is 220V on European 2 pin sockets. Please note that this is not suitable for sleeping aid machines, as the power source may not always be operating. Bringing a battery pack is recommended.

Joining Instructions

ARRIVING IN SANTORINI:

The boat is located in Marina Vlychada.

Arriving by Boat: Take a taxi directly to Marina Vlychada (about 10 minutes).

Arriving by plane: Take a taxi directly to Marina Vlychada (about 15 minutes). Alternatively, take a bus to the main town of Fira (about 15 minutes) and then change to the bus for Marina Vlychada (about 1/2 hour). Please note buses generally depart every 1/2 hour.

The actual meeting point is "Taverna Dimitris Vlychada Marina" right above the Vlychada Marina at 11am. There will be a table reserved for G Adventures travellers.

PLEASE NOTE THAT YOU ARE REQUIRED TO BE AT THE RELEVANT JOINING POINT AT 11:00am ON DAY 1.

Your Skipper will organize a short meeting soon after arrival, during which you will meet other tour participants and receive information about general and specific aspects of the trip.

Arrival Complications

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, please refer to the emergency contact details provided in this dossier and contact us as soon as possible. If you have a pre-booked transfer, and you have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

Emergency Contact

Should you need to contact us during a situation of dire need, it is best to first call our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

EMERGENCY CONTACT NUMBERS

+306946574957

+447957655059

+447487842737

If you are unable for any reason to contact our local office, please call the numbers listed below, which will connect you directly with our 24 hour Sales team, who will happily assist you.

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1 300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

Finishing Point Instructions

Marina Vlychada, Santorini

Your yacht will arrive to the finishing point on day 10 of the trip in the morning. The trip will end at 10am.

If you would like to spend any extra time in Santorini you might try one of the following hotels:

Stella Rooms, Vlychada Marina, Santorini

For convenient accommodation from 30EUR-70EUR per room, Stella rooms are located 5min walk from where the boat will start, and finish the trips. It is 20min from Airport and from Fira, and a taxi costs 20EUR.

Here is the link.

<http://www.vlychada-dimitris.gr/en/index.php>

Oia, Santorini

For something very special and to stay in Oia, which is 40min taxi from the boat, taxi fair is 30EUR one way, taxi from airport is 40min and 30EUR one way, taxi from port is 40min and 40EUR one way we recommend Hotel Afroessa which has the most magical views over the caldera and the sunset. The staff are super helpful and friendly and for special occasions this is a must.

Prices range from 70EUR - 250EUR depending on time of season.

<http://www.afroessa.com/location.php>

All prices are subject to change depending on time of season.

Please quote G Adventures on all bookings for better rates.

What to Take

There is limited space on the yachts. We recommend the use of a duffel bag or backpack. A good size daypack is also essential. PLEASE NOTE: No hard suitcases are permitted due to limited space.

Checklist

Documents:

- * Flight info (required) (Printouts of e-tickets may be required at the border)
- * Insurance info (required) (With photocopies)
- * Passport (required) (With photocopies)
- * Required visas or vaccination certificates (required) (With photocopies)
- * Vouchers and pre-departure information (required)

Essentials:

- * Binoculars (optional)
- * Camera (With extra memory cards and batteries)
- * Cash, credit and debit cards
- * Day pack (Used for daily excursions or short overnights)
- * Ear plugs
- * First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- * Flashlight/torch (Headlamps are ideal)
- * Fleece top/sweater
- * Footwear
- * Hat
- * Locks for bags
- * Long pants/jeans
- * Moneybelt
- * Outlet adapter
- * Personal entertainment (Reading and writing materials, cards, music player, etc.)
- * Reusable water bottle
- * Shirts/t-shirts
- * Sleepwear
- * Small travel towel
- * Sunglasses
- * Toiletries (Preferably biodegradable)
- * Watch and alarm clock
- * Waterproof backpack cover
- * Windproof rain jacket

Marine:

- * Drybag (Will help keep cameras and essentials dry)
- * External battery pack
- * Motion sickness tablets
- * Sarong
- * Snorkel gear (optional) (Only if own equipment is preferred.)

Warm Weather:

- * Sandals/flip-flops
- * Shorts/skirts (Longer shorts/skirts are recommended)
- * Sun hat/bandana
- * Swimwear

Laundry

Laundry facilities can be found in some harbours, ask your skipper for the best places.

Visas and Entry Requirements

Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your responsibility to have the correct travel documentation. While we provide the following information in good faith, it is vital that you check yourself and understand that you are fully responsible for your own visa requirements.

All visitors to the EU (European Union) and EEC (European Economic Community) countries require a valid passport (with a minimum 6 months validity). USA, Canada, Australia and New Zealand passport holders do not need a visa to visit the Schengen area (see below), however they may not stay longer than three months in any 6-month period.

For other nationalities, travelling in Europe has been simplified with the introduction of the Schengen visa. As a visitor to the Schengen area (Austria, Germany, Netherlands, Belgium, Greece, Norway, Denmark, Iceland, Portugal, Finland, Italy, Spain, France, Luxembourg, Sweden, Czech Republic, Hungary, Estonia, Latvia, Lithuania, Malta, Poland, Slovakia, Slovenia and Switzerland) you will enjoy the many advantages of this unified visa system. Generally speaking with a Schengen visa, you may enter one Schengen country and travel freely throughout the Schengen region during the validity of your visa. There are limited border controls at Schengen borders, if any at all.

Please note that the UK and Ireland are NOT part of the Schengen agreement.

A Schengen visa is applied for at the Embassy or Consulate of the Schengen country in which you will be spending the most nights on your trip to the Schengen space. If you are only visiting one country on your trip then you apply for your visa at the Consulate of this Schengen country.

Detailed Trip Notes

Brief History of Yachting

Known since the old Egyptian Empires yachts were dedicated only to the pleasure of it's passengers in the exclusivity of independence. Long time before tourism discovered the pleasure of big steamboat cruises around 100 years ago, the wealthy parts of societies enjoyed yachting in different ways: cruising the Nile, sailing the Greek Islands or enjoying huge parties on board of Caligula's yachts in a lake south of Rome.

Fortunately technology developed allowing us the opportunity to sail the oceans in smaller yachts. Yachts of today are constructed under the rules of hydrodynamics, defining the shape of the hull, the needs of stability and comfort.

When only twenty years ago, running water and a stove were a pure luxury on board a yacht, you'll find almost everything you need on your yachts today: electricity -though it's only 12V offshore and only sometimes 220V when we're moored, refrigerators, showers, hot water, music and much more.

But never forget: a yacht always is 'on the budget'...budgeting room and weight for mobility and stocks for ongoing comfort.

Each yacht comes with the safety gear and instrumentation required by law to assure you a safe and successful holiday.

Here are some technical terms for you to learn to help you orient yourself:

Boat

Hull: the 'body' of the boat

Keel: stabilising part of the hull under the waterline to prevent capsizing

Deck: upper level of the boat

Cockpit: area in the back where we are operating the boat

Bow: Forward area of the boat

Stern Backward area of the boat

Helm: steering facility

Helmsman: Person at the helm, not necessarily the skipper

Starboard: right side of the boat looking forward from aft

Port (side): left side of the boat looking forward from aft

Rigg: all fixed equipment standing up above the deck

Mast: vertical massive pole to fix the sails

Boom: horizontal massive pole going backward from the mast

Mainsail: sail at the rear of the mast

Foresail/Genua/

Headsail: sail in front of the mast

Fender: sort of 'bumper' to avoid damage of the hull when moored

Winch: sort of drum to operate loaded lines or anchor chain

Beaufort: intl. scale for strength of winds, starting with 0 up to 12

Operations

Manoeuvre: changing the course of the boat or doing several operations

Tacking: turning the bow through the wind

Gibing: turning the stern through the wind

Round up: turning the boat exactly into the wind to stop moving

Fetch sth.: pulling tight a line

Ease sth.: detaching a line

Lines

There are only LINES on a boat, no ropes etc.

Most important ones:

Furling lines: to set and take away the sails

Sheets: to adjust the sails during sailing

Mooring lines: connecting the yacht to the pier

Ground lines: fixing the bow when moored 'stern too' (the pier)

Knots

Figure-eight knot: belongs to the end of certain lines to avoid going by the run

Half hitch: easiest knot to fix a line somewhere, not very strong one

Clove hitch: famous knot to fix various lines like mooring-, fender- etc.

Reef knot: used to connect two lines of same size to each other

More ambitious but often used:

Bowline: creating a strong and everlasting loop to a line

Spending Money

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

Money Exchange

In Greece you can exchange your foreign currency and /or traveler checks in banks and money exchange "kiosko" in all cities, remember that the banks are open from 8:00am until 2pm and won't reopen later, also be aware of national holidays. The only currency accepted in Greece is the EURO.

As currency exchange rates can fluctuate often we ask that you refer to the following website for daily exchange rates: www.xe.com

Emergency Fund

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

Tipping

It is customary in Europe to leave a small tip for service providers, such as waiters, if you are pleased with the service (EUR1-2).

Tipping is an expected - though not compulsory - component of your tour program and an expression of satisfaction with the persons who have assisted you on your tour. Although it may not be customary to you, it is of considerable significance to the people who will take care of you during your travels. There are several times during the trip where there is opportunity to tip the local guides. You may do this individually, or your CEO will offer to collect the money and tip as a group. Recommendations for tipping local guides would range from EUR3-5 per day depending on the quality and length of the service; ask your CEO for specific recommendations based on the circumstances and culture. Also at the end of each trip if you felt your G Adventures CEO or skipper did an outstanding job, tipping is appreciated. The amount is entirely a personal preference, however as a guideline EUR5-8 EUR per person, per day can be used.

Optional Activities

All prices are per person in Euro amounts(unless stated otherwise), and are subject to change as services are provided by third party operators.

Islands (general):

Scooters daily rate - from EUR10

Bicycles daily rate -from EUR3-5

Cars daily rate - from EUR25

Ruins - entrance fees from EUR4

Wine-tasting - from EUR12

Naxos:

Windsurfing lesson - EUR50-150

Catamaran sailing lesson - EUR35-95

Venetian museum - EUR3

Halki ouzo distillery - EUR5

Mykonos:

Delos Tour (inc. return boat ride) - EUR35

Archeological museum - EUR3

Sunbed hire on Psarou/Platy Gialos beaches - EUR5-10

Health

Please note: We do not have a constant power source onboard, and cannot facilitate the use of Sleep Apnea/CPAP machines. Bringing a suitable battery pack is required.

Inoculations may be required for the country visited. It is your responsibility to consult with your travel doctor for up to date medical travel information well before departure.

No particular health issues in Greece, just that in some more remote islands bottled water is more recommended to drink. Just keep in mind that some heat waves are possible from June to October all over the country. People who are sensitive to seasickness should come prepared.

You should consult your doctor for up-to-date medical travel information well before departure. We recommend that you carry a First Aid kit, hand sanitizers / antibacterial wipes as well as any personal medical requirements.

Safety and Security

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewelry at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your group leader has the authority to amend or cancel any part of the trip itinerary if it deemed necessary, due to safety concerns. Your Chief Experience Officer (CEO) will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy and explore at your leisure. While your CEO will assist you with options available in a given location, please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgement when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards), have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk. [Read more about travel safety](#) for ways to further enhance your personal safety while traveling.

Trip Specific Safety

Greece is a relatively safe country if you take the same precaution you would back home in any major and/or touristy cities, use common sense and do not hesitate to ask your skipper about specific areas to avoid. Also it is recommended to carry with you only the money and documentation you need for the day. Always keep an eye on your belongings, while having a drink, at the internet cafe, waiting at the bus station.

Medical Form

Our small group adventures bring together people of all ages. It is very important you are aware that an average level of fitness and mobility is required to undertake our easiest programs. Travellers must be able to walk without the aid of another person, climb 3-4 flights of stairs, step on and off small boats, and carry their own luggage at a minimum. Travellers with a pre-existing medical condition are required to complete a short medical questionnaire, which must be signed by their physician. This is to ensure that travellers have the necessary fitness and mobility to comfortably complete their chosen trip. While our leaders work hard to ensure that all our travellers are catered for equally, it is not their responsibility to help individuals who cannot complete the day's activities unaided. Please refer to the physical ratings in this Trip Details document for more information.

Please note that all passengers traveling to Antarctica are required to fill out this questionnaire.

The medical questionnaire can be found online at www.gadventures.com/medical-form.

A Couple of Rules

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter, and in particular the local people who make the world the special place it is. The exploitation of prostitutes is completely contrary to this philosophy. Our group leader has the right to expel any member of the group if drugs are found in their possession or if they use prostitutes.

Travel Insurance

Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your leader, who will take note of your insurance details. When selecting a travel insurance policy we require that at a minimum you are covered for medical expenses including emergency evacuation and repatriation. A minimum coverage of USD200,000 is required. G Adventures can provide you with the appropriate coverage. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. Some tours include adventure activities that require extra coverage (e.g. crampon use); please review your itinerary and make sure that you are covered for all included activities. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

Planeterra-The G Adventures Foundation

The Planeterra Foundation planeterra.org is a Canadian non-profit organization that helps empower local people to develop their communities, conserve their cultures, and create humane and supportive systems for their endeavours. Planeterra provides capacity building and catalyst grants to get community social enterprises off the ground. These businesses address local challenges by providing benefits for indigenous people, empowering marginalized women, and granting disadvantaged youth access to education, employment, and brighter futures. Planeterra also works to ensure these businesses have a thriving customer base by integrating programs into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs so 100% of your donation will bring opportunity to people in need.

Dollar-a-Day Program

G Adventures' Dollar-a-Day Program provides travellers with the opportunity to give back to the people and places visited on our tours

by donating one dollar for every day you are on trip. 100% of these donations go directly to support community development projects worldwide that are implemented by Planeterra.

Feedback

After your travels, we want to hear from you! Your feedback information is so important to us that you'll receive a special discount code for free online prints and we'll give you 5% off the price of your next G Adventures trip if your feedback is completed on-line within 30 days of finishing your trip. Please visit <http://www.gadventures.com/evaluations>

Newsletter

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at www.gadventures.com/newsletters/

Stay current on how our company invests in our global community through our foundation - Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

Minimum Age

Minimum age of 16 years for this trip.

International Flights

Check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.