

The Best of Turkey - ETBT

8 days: Istanbul to Istanbul

What's Included

- G Adventures for Good: Çöp(m)adam Visit, Ayvalik
- Gallipoli battlefields entrance and guided visit
- Troy entrance and guided visit
- Ottoman mansion stay
- Ephesus entrance and visit
- Ancient Hierapolis and Pamukkale entrance and guided walk
- Istanbul city walking tour
- Internal flight
- All transport between destinations and to/from included activities

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

VALIDITY: Valid for all trips departing January 1st, 2018 and onwards

Itinerary

Day 1 Istanbul

Arrive at any time.

There are no planned activities until the welcome meeting in the evening. After, opt to head out to dinner in a local restaurant with the group.

Get the most out of your time in Istanbul by pre-booking one of the following full-day activities to experience before your tour starts: Istanbul Backstreets Walk or Dolmabahçe Palace Visit and Bosphorus Cruise. If you do, we recommend booking accommodation for an extra night pre-tour.

And don't worry if you can't decide now. These activities are available for pre-booking any time before your tour starts, while any of the optional activities listed can be booked independently upon arrival in Istanbul.

Arrival Day and Welcome Meeting

1h18:00

The adventure begins tonight. Feel free to explore before your welcome meeting, but make sure you're back in time to meet the group. After introductions, your CEO will review the details of your tour. Please note that normal check-in times apply at our start hotels, but you can usually store your luggage for the day if you arrive early.

Day 2 Istanbul/Çanakkale

Guided tour of Gallipoli, including ANZAC Cove, the war cemeteries, and Lone Pine. Continue on to the harbour town of Çanakkale.

Make an early morning visit to Gallipoli, where thousands gave their lives during WWI in the battle of the same name. Take in the sights and learn the sombre story.

It is only a little further to Çanakkale, a busy harbour town with a thriving student population. Join the crowds as they stroll the waterfront nightly.

Private Vehicle

Istanbul - Gallipoli Peninsula 5h

Settle in and scan the scenery from the convenience of a private vehicle.

Gallipoli Battlefields Guided Tour

Gallipoli Peninsula 2h30m-3h

Visit this moving and beautiful site, a great complement to any trip to Turkey, even for those not familiar with the Battle of Gallipoli. Tour the grounds to see ANZAC Cove, the war cemeteries, and Lone Pine. Learn how the Turks fought off the numerically superior, but badly commanded, Allied forces who were forced to withdraw nine months later; this battle holds special significance for Australians and New Zealanders, as both nations lost many soldiers.

Ferry

Gallipoli Peninsula - Çanakkale 45m

From Gallipoli take a ferry 20 mins before a 20 mins drive.

Meals included: Breakfast

Day 3 Çanakkale/Ayvalik

Enjoy a guided visit of Troy before arriving at Ayvalik. Visit a women's handicraft shop, a G Adventures supported project. Opt to enjoy a half-day boat trip and spend the night in a converted Ottoman mansion.

Enjoy a visit to the world-famous city of Troy. Continue to Ayvalik. Be charmed by the blend of old Ottoman architecture, cobblestoned streets, and an attractive harbour.

In the afternoon, opt to charter a small boat from the harbour to cruise this beautiful area. After, head to waterside restaurants for a sunset drink.

Enjoy the hospitality and beautiful views from the family-run pension in a restored Ottoman mansion.

Private Vehicle

Çanakkale - Troy 45m

Settle in and scan the scenery from the convenience of a private vehicle.

Troy Visit

Troy 1h-2h 1-2km

See historic Troy, made famous by Homer's "Iliad," (and more recently by Orlando Bloom and Brad Pitt). Tour the city that, for centuries, was regarded as just a myth, until its ruins were found in in the mid-19th century. Imagine what a great city this must have been, while taking a tour of the remains. Don't miss the chance to have a photo taken with the Trojan horse.

Private Vehicle

Troy - Ayvalik 2h30m

Settle in and scan the scenery from the convenience of a private vehicle.

G Adventures for Good: Çöp(m)adam Visit

Visit the G-supported çöp(m)adam handicraft cooperation. All products are made out of recycled goods and by making a purchase it will directly support the local women who work in the workshop and over time has contributed to over 500 women who have been part of the project.

Ayvalik Boat Tour

Ayvalik2h-3h

Visit secluded bays, explore a nearby island, and, of course, have plenty of time for just relaxing and swimming in the turquoise waters. Drinks are available on board.

Optional Activities - Day 3

Ayvalik Boat Tour

Ayvalik2h-3h

400TRY per person

Visit secluded bays, explore a nearby island, and, of course, have plenty of time for just relaxing and swimming in the turquoise waters. Drinks are available on board.

Meals included: Breakfast

Day 4 Ayvalik/Selçuk

Visit ancient Ephesus before continuing on to Selçuk.

Enjoy a free morning in Ayvalik before travelling to Selçuk, the base for exploring the ruins of the ancient Roman town of Ephesus.

Head to town and enjoy some free time to explore.

Free Time

Ayvalik Morning

Spend some more time in this quaint town.

Local bus

Ayvalik - Selçuk2h30m

Climb aboard, grab a seat, and enjoy the ride.

Ephesus Visit

Selçuk2h-3h

Tour the ruins of ancient Ephesus to get a feeling of what life must have been like during Roman times. Take in its massive, well-preserved theatre, which dominates the view down Harbour Street. See the two-story library, whose façade has been carefully reconstructed from all original pieces. Built in AD 125, it once held nearly 12,000 scrolls.

Meals included: Breakfast

Day 5 Selçuk

Opt to visit St John's Basilica and the Mosque of Isa Bey or the nearby picturesque village of Sirince.

With free time, choose to walk to the remains of St John's Basilica, visit the Mosque of Isa Bey or wander the streets of this vibrant Turkish town. Another option is to catch a local "dolmus" bus to the picturesque village of Sirince (8km/5 mi) to sample some local wine or shop for crafts. For dedicated sunseekers, the beach at Pamucaki is also within reach.

Free Time

Selçuk Full Day

Don't waste a minute -- get out and explore.

Optional Activities - Day 5

Saint John's Basilica Visit

Selçuk

10TRY per person

View St John's Basilica, once a grand basilica in Ephesus. Constructed by Justinian I in the 6th century, it was built in where John the Apostle is said to be buried.

Mosque of Isa Bey Visit

Selçuk30m-45m

Free

Visit the centuries-old Isa Bey Mosque on the outskirts of Selçuk to see one of the oldest and most impressive works of art remaining in this region.

Sirince Village Visit

Selçuk 1h-2h 1-2km

Free

Head out to scenic Sirince, a Turkish-Greek village that was settled when Ephesus was abandoned; it's now 600 strong. Wander the narrow village streets filled with people selling handicrafts, olive oil, and local wine.

Sample Local Wine in Sirince

Sirince

Free

Sample some of the local wine in Sirince, and find a new favourite to bring home.

Meals included: Breakfast

Day 6 Selçuk/Pamukkale

Guided walk of Pamukkale and the ancient city of Hierapolis en route to Selçuk.

Visit the famous white cliffs of Pamukkale and the ancient site of Hierapolis.

This UNESCO World Heritage Site of Hierapolis is evidence that the hot springs of Pamukkale were used as a spa since the second century BC.

Private Vehicle

Selçuk - Pamukkale 4h

Settle in and scan the scenery from the convenience of a private vehicle.

Hierapolis and Pamukkale Visit

Pamukkale 2h-3h

Tour the white cliffs of Pamukkale to learn about this World Heritage-listed site and natural wonder. Made up of 17 hot water springs, the cliffs are formed when the calcium carbonate hardens with time. Explore the ancient site of Hierapolis built on top of the white "castle." See the large, ancient baths within the city (thought to be evidence that the hot springs of Pamukkale were used as a spa since second century BC).

Optional Activities - Day 6

Swim in an Ancient Pool

Pamukkale

32TRY per person

Take a plunge into an ancient swimming pool, preserved from the second century BC. Wade around in the thermally heated fresh mineral water around fallen marble columns, capitals, and plinths said to have come from the nearby Temple of Apollo.

Meals included: Breakfast

Day 7 Pamukkale/Istanbul

Hop on a morning flight to Istanbul. Take a guided orientation walk before free time to explore some highlights, including the Grand Bazaar, Topkapi Palace or Aya Sofya.

Take a short flight to Istanbul. After settling in, depart for a walking tour of the city.

Each tour will be a bit different, allowing your CEO to point out their favourite spots. See highlights that may include Aya Sofya and the Topkapi Palace. With a little extra time, return to explore these sights in depth.

Private Vehicle

Pamukkale - Cardak

Settle in and scan the scenery from the convenience of a private vehicle.

Plane

Cardak - Istanbul Atatürk Airport1h

Look! Up in the sky! It's a bird! It's a plane! It's... yup, it is a plane, actually.

Private Vehicle

Istanbul Atatürk Airport - Istanbul

Settle in and scan the scenery from the convenience of a private vehicle.

Istanbul Orientation Walk

Istanbul3h-4h 5-7km

Enjoy an orientation walk of Istanbul. Each walk varies, allowing your CEO to show off their favourite spots around the city. Pass by city highlights such as the Topkapi Palace, the Aya Sofya, and the Blue Mosque. Walks may also include a wander past the atmospheric Spice Bazaar, the newly renovated Galata Bridge, which has a great view of Golden Horn, and the Bosphorus shore, a stretch that's home to many bars.

Free Time

Istanbul Afternoon

With tons to see and do, don't waste a minute.

Optional Activities - Day 7

Aya Sofya Visit

Istanbul1h-2h

40TRY per person

Learn a little about the tumultuous history behind the Aya Sofya, and take some time to explore this famous, beautiful building, now a museum.

Topkapi Palace Visit

Istanbul1h-2h 1-2km

40TRY per person

Take a step back in time with a visit to the Topkapi Palace. Once home to the Ottoman sultans and their harems, it's now a museum hosting a number of collections, ranging from porcelains found in Europe, Asia, and China to Ottoman-era weaponry.

Spice Bazaar Visit

Istanbul1h-2h 1km

Free

Visit the atmospheric Spice Bazaar, also known as the Egyptian Bazaar. Built in 1660, this is where many of the spices were originally imported. This market was, and still is, the centre of Istanbul's spice trade.

Blue Mosque Visit

Istanbul

Free

Explore the fabulous Blue Mosque, admiring the beautiful symmetry and internal tile work of the building. As it is a working mosque, take the chance to learn more about the ceremony behind Islam, the religion of about 98 per cent of today's Turks. Head to the front of the Blue Mosque, to see the ancient Hippodrome. It was once the scene of chariot races, and now houses monuments from various moments in Istanbul's history.

Archaeological Museum

Istanbul

20TRY per person

Opened in 1891, the Istanbul Archaeological Museum is a must-visit for history buffs. Home to a classical statuary, artifacts, and sarcophagi - including the stunning sarcophagus from the Royal Necropolis of Sidon - this museum presents one of the best opportunities to catch a glimpse into the life of ancient Turks.

Great Palace Mosaic Museum

Istanbul

15TRY per person

See the intricate mosaics on display from the Byzantine period, excavated from the site of The Great Palace of Constantinople.

Museum of Turkish and Islamic Arts

Istanbul

25TRY per person

This museum is home to treasures from the Ottoman and Seljuk periods, and boasts one of the world's largest collection of Turkish carpets.

Basilica Cistern

Istanbul

20TRY per person

Built in 532 AD, the Basilica Cistern is the largest cistern (underground water storage) of Istanbul. Spot the pillar bases carved in the likeness of Medusa.

Dolamabahçe Palace

Istanbul

30TRY per person

Built in the early 1800s, the Dolamabahçe Palace is the largest and the most important palace of the Ottoman Empire, after the Topkapi Palace. Marvel at its grandeur.

Galata Tower

Climb up the Galata Tower - one of Istanbul's oldest architectural landmarks - for an amazing panoramic view of the city. To get the full experience, time your visit with the call to prayer that happens at sunset.

Meals included: Breakfast

Day 8 Istanbul

Depart at any time.

Your tour might be finished, but the adventure's far from over. Pre-book one of the following activities to experience after your tour ends: Dolmabahçe Palace Visit and Bosphorus Cruise or Istanbul Backstreets Walk. If you do, we recommend booking accommodation for an extra night in Istanbul.

And don't worry if you can't decide now. These activities are available for pre-booking any time before your tour starts, or they can be booked upon arrival in Istanbul.

Meals included: Breakfast

What's Included

G Adventures for Good: Çöp(m)adam Visit, Ayvalik. Gallipoli battlefields entrance and guided visit. Troy entrance and guided visit. Ottoman mansion stay. Ephesus entrance and visit. Ancient Hierapolis and Pamukkale entrance and guided walk. Istanbul city walking tour. Internal flight. All transport between destinations and to/from included activities.

Highlights

Explore ancient historic cities, overnight in a converted Ottoman mansion, discover ancient Roman ruins and amazing natural scenery, taste delicious local cuisine, walk through the astonishing white pools of Pamukkale.

Dossier Disclaimer

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Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

Important Notes

RAMADAN

According to the lunar cycle, Ramadan will fall between May 15th and June 14th, 2018. Please note that Ramadan is a month of fasting observed by Muslims throughout the world, during which time the followers of Islam should not eat or drink between sunrise and sunset. There may be some limitations to services and disruptions to schedules during Ramadan, but generally our tours still operate effectively during this period and food is available to non-Muslims throughout the day. It is very important to display increased cultural sensitivity during Ramadan. Please wear loose fitting clothes, that cover knees and shoulders, and try to avoid eating, drinking or smoking in public out of respect for those who can't at that time.

Group Leader Description

This G Adventures group trip is accompanied by one of our group leaders. The aim of the group leader is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects. We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting - we think it's the best of both worlds.

Group Size Notes

Max 15, avg 10

Meals Included

7 breakfasts

Meals

Breakfast

Many breakfasts are included as part of your tour. Turkish breakfasts are very different from your usual cereal and toast morning fare - when was the last time you had olives for breakfast?

They pretty much universally consist of large slices of fresh "french style" white bread accompanied by slices of tomato, cucumber, white and yellow cheeses, olives, jam and honey. This is accompanied by tea (which a Turk would always choose!) or coffee (which is pretty much always instant coffee)

You will of course want to sample the famous Turkish coffee, but it is usually taken after a big lunch or dinner, or in the late afternoon with a pastry.

While we think these breakfasts are absolutely delicious, some travellers do find them a bit repetitive and enjoy buying market fruit the day before and eating this for breakfast.

Lunches

...will usually be simple and on the run. They are a great chance to try Turkey's delicious and healthy array of "fast foods".

This may include, "gozleme", a type of Turkish savory crepe, "chorba", delicious lentil soup, and of course doner kebabs in both beef and chicken varieties. You won't want to miss the chance to try "pide", Turkish pizza, and lahmacan- thin crust pizza you fold greenery into

You may also find "kumpir", Turkish stuffed potatoes.

Dinner

Most Turks start their dinners with a couple of mezes- small taster dishes such as grilled octopus, aubergine salad, and many more. You could also choose a soup made of fresh local ingredients.

Main courses tend to be based around fresh seafood if you are near the coast (expect to pay around 15 lira for a whole fish) or the ubiquitous kebab- skewers of charcoaled meat which comes on bread with salad. There are plenty of variations of the kebab-many regions have their own speciality so be sure to ask your leader.

Desserts

Yum- its all about the sugar. Baklava (about 2 TKL a piece for the good stuff) is something of a national obsession and it is believed the best comes from the East. There are endless varieties of pastries and milk based deserts available and you are sure to spend at least some time in a Turkish bakery taste testing.

Snacks

Don't miss munching on a simit , a Turkish pretzel or perhaps some grilled sweet corn to get you through between meals.

Drinks

Tea, served in small tulip glasses, is the number one beverage of choice in Turkey. It is freshly brewed and a tea bag is a rare thing. Turkish coffee is wonderful thing to try. The national beer is named Efes and is very good (usually 4-5 TKL a bottle) Wine is made in Turkey and is getting better every year. Expect to pay around 6-7 liras for a glass in a restaurant.

Water is approximately 1 TRL for a 1.5 litre bottle, soft drinks and juices are around 2-3 TRL.

Eating is a big part of traveling. Travelling with G Adventures you experience the vast array of wonderful food that is available out in the world. Generally meals are not included in the trip price when there is a choice of eating options, to give you the maximum flexibility in deciding where, what and with whom to eat. It also gives you more budgeting flexibility, though generally food is cheap. Our groups tend to eat together to enable you to taste a larger variety of dishes and enjoy each other's company. There is no obligation to do this though. Your CEO will be able to suggest favourite restaurants during your trip.

Transport

Private air-con van, plane, walking.

About our Transportation

This tour uses private transport from Days 2-4 with public transport being used for the remainder of the trip.

Public buses in Turkey are very comfortable, being a comfortable, air conditioned "Greyhound" type of coaches with reclining seats and curtains to keep out the sun. You are usually served a drink and perhaps a light snack, along with the ubiquitous lemon hand cologne to keep you fresh!

Local Flights

If required all local flights are included in the cost of your tours unless otherwise noted. It is important that we have your passport information at the time of booking in order to process these tickets. Internal flight tickets are issued locally and will be given to you prior to the flight departure.

Solo Travellers

We believe single travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and single travellers on these itineraries must pay the single trip price.

Accommodation

Hotels (7 nts).

My Own Room Exceptions

Please note that if you have booked the "My Own Room" option for this tour, you will receive your own single accommodation for all night stops, with the following exceptions: Day 3 (Ottoman Mansion stay).

About Accommodation

On this trip you can expect to stay in small family-run hotels or pensions (with the exception of the start and finish hotels, which are often larger city hotels), which will vary a little in standard and facilities: some may not have elevators, air-conditioning or

English-speaking staff, but most importantly all are locally-run, with some traditional character, and in excellent central locations to give you maximum time for exploring the sights.

Joining Hotel

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

Joining Instructions

A metered taxi from the airport to the hotel will cost around 40-45 Turkish Lira (USD 25-28). From Ataturk Airport to the Sirkeci area where our hotels are located will take between 30 and 45 minutes depending on traffic.

It is possible to take the metro from the airport to Istanbul city centre. Go to stop "ZEYTINBURNU". From here catch the tramway at "ZEYTINBURNU" point, going towards SIRKECI. Get off at the stop "GULHANE". You will see Port Shield Pub just on the corner. Take a right, walk straight through the Ebusuut Street and this time take the third right. You'll see our hotel.

For both metro and tram one ride token is 3 Turkish Lira and you can find machines to buy tokens just at stations.

<http://www.istanbul-ulasim.com.tr/our-network.aspx>

If you have paid in advance for an arrival transfer, Istanbul airport are no longer permitted to present branded/company signs. G Adventures has been allocated the characters: 'M55'. Please look for an individual carrying this sign upon arrival at Istanbul airport. The holder of this sign will be responsible for transferring you to your first accommodation. If you are unable to make contact for whatever reason, please make your way to the joining point hotel via taxi.

Please note that Day 1 is an arrival day and no activities have been planned for that day other than your welcome meeting in the evening, so you can arrive at any time.

A G Adventures Representative will organize a short meeting soon after arrival, during which you will meet other tour participants and receive information about general and specific aspects of the trip. A welcome note will be left for you in the hotel so you have all the necessary information regarding the meeting time. If you arrive late, s/he will leave you a message detailing what time and where you should meet the next morning.

Arrival Complications

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, as soon as possible please contact your starting point hotel, requesting that you speak to or leave a message for your CEO (if you are not on a group tour please refer to the emergency contact details provided in this dossier). If you are unable to get in touch with your leader, please refer to our emergency contact details.

Emergency Contact

Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Local Representative (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

AIRPORT TRANSFER

If you have purchased an arrival through G Adventures or if an arrival transfer is included in the cost of your tour, please note that:

Your arrival transfer has been arranged based on flight information provided to us. If you are advised of a flight schedule change within 48 hours of your scheduled arrival time, we will do our best to rearrange your arrival transfer however we cannot guarantee this. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please take a taxi to your start point hotel.

EMERGENCY CONTACT NUMBERS

G Adventures Local Representative (Turkey)

During office hours: + 90 212 296 80 36

After hours emergency number +90 532 481 51 73 (Yavuz)

G Adventures Turkey Manager - Yaviuz (Istanbul Turkey)

Emergency number: +90 532 481 51 73

If you are unable for any reason to contact our local office, please call the numbers listed below, which will connect you directly with our 24 hour Sales team, who will happily assist you.

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1 300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

Finishing Point Instructions

We are able to organise extra accommodation post-trip should you require it. Please enquire at the time of booking.

What to Take

You will be on the move a lot, so our advice is to pack as lightly as possible. We highly recommend using a backpack or light sports bag, whichever you find easiest to carry, plus a small daypack. Luggage space on public transport is limited. You must be prepared to carry your own bags and be comfortable carrying them between transport and hotels (max. 15-20mins walking), hopping on and off trains and public buses and up and down stairs.

Checklist

Conservative Dress:

- * Modest clothing that covers knees and shoulders (Long pants, long skirts, shirts that cover shoulders)
- * Shawl or scarf (for temple visits)

Documents:

- * Flight info (required) (Printouts of e-tickets may be required at the border)
- * Insurance info (required) (With photocopies)
- * Passport (required) (With photocopies)
- * Required visas or vaccination certificates (required) (With photocopies)
- * Vouchers and pre-departure information (required)

Essentials:

- * Binoculars (optional)
- * Camera (With extra memory cards and batteries)
- * Cash, credit and debit cards
- * Day pack (Used for daily excursions or short overnights)
- * Ear plugs
- * First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- * Flashlight/torch (Headlamps are ideal)
- * Fleece top/sweater
- * Footwear
- * Hat
- * Locks for bags
- * Long pants/jeans
- * Moneybelt
- * Outlet adapter
- * Personal entertainment (Reading and writing materials, cards, music player, etc.)
- * Reusable water bottle
- * Shirts/t-shirts
- * Sleepwear
- * Small travel towel
- * Sunglasses
- * Toiletries (Preferably biodegradable)
- * Watch and alarm clock

- * Waterproof backpack cover
- * Windproof rain jacket

Warm Weather:

- * Sandals/flip-flops
- * Shorts/skirts (Longer shorts/skirts are recommended)
- * Sun hat/bandana
- * Swimwear

Laundry

Laundry facilities are offered by some of our hotels for a charge or ask your CEO where the nearest laundromat is. There will be times when you may want or have to do your own laundry so we suggest you bring your own non-polluting/biodegradable soap.

Visas and Entry Requirements

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy, or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provided the following information in good faith, it is vital that you check yourself and understand that you are fully responsible for your own visa requirements.

Passengers travelling to Turkey for tourism or trade can purchase an electronic visa prior to entering the country. This electronic visa will replace the "sticker" and "stamp-type" visas issued at Turkish points of entry.

This e-visa can be obtained by visiting the website: www.evisa.gov.tr.

Your passport must be valid for 6 months on the date that you enter Turkey. Length of validity of your visa is dependent on your nationality, but is commonly 3 months.

For country specific visa information we recommend the following link:<http://www.mfa.gov.tr/visa-information-for-foreigners.en.mfa>

Spending Money

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

Money Exchange

The local currency in Turkey is the Turkish Lira (TRY).

Almost all local purchases in Turkey (meals, souvenirs, optional activities, etc) will be paid for in TRY

ATMs are found within main cities in Turkey and will generally accept cards on the Visa and Mastercard networks. It is a great idea to travel with both a Visa and Mastercard if at all possible as while there is no hard and fast rule, some banks seem to only work with one brand of card. Please note, your bank will charge a fee for overseas withdrawals.

Cash is recommended for times when ATMs are not accessible. Euros, British Pounds and US Dollars are easy to exchange into Turkish Lira. Please note - while you should bring some cash with you for emergency situations, carrying cash only is a high safety risk. Money on ATM card/s and some cash is the ideal mix.

Cash advances can also be made with some banks but are time consuming and tend to have high fees attached.

Credit cards are in general not very useful in Turkey - they can be used at some larger stores if shopping for big items such as carpets.

As currency exchange rates can fluctuate often we ask that you refer to the following website for daily exchange rates: www.xe.com

Emergency Fund

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

Tipping

It is customary in Europe to leave a small tip for service providers, such as waiters, if you are pleased with the service (EUR1-2). Tipping is an expected - though not compulsory - component of your tour program and an expression of satisfaction with the persons who have assisted you on your tour. Although it may not be customary to you, it is of considerable significance to the people who will take care of you during your travels. There are several times during the trip where there is opportunity to tip the local guides. You may do this individually, or your CEO will offer to collect the money and tip as a group. Recommendations for tipping drivers would range from EUR7-12 per week depending on the quality of the service. Also at the end of each trip if you felt your G Adventures CEO or skipper did an outstanding job, tipping is appreciated. The amount is entirely a personal preference, however as a guideline EUR20-25 per person, per week can be used.

Optional Activities

Please see the itinerary for information on optional activities, descriptions and estimated pricing.

Health

Please note inoculations may be required for the country visited. It is your responsibility to consult with your travel doctor for up to date medical travel information well before departure.

DRINKING WATER: It is advisable to drink bottled water in Turkey.

There are no specific health requirements for this trip. However, you should consult your doctor for up-to-date medical travel information before departure. We recommend that you carry a First Aid kit and hand sanitizers / antibacterial wipes as well as any personal medical requirements. Please be aware that we are in remote areas and away from medical facilities for some time during this trip, and for legal reasons our leaders are prohibited from administering any type of drug including headache tablets, antibiotics, etc.

Safety and Security

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your CEO has the authority to amend or cancel any part of the trip itinerary if it is deemed necessary due to safety concerns. Your CEO will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy or explore at your leisure. While your CEO will assist you with options available in a given location please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgment when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Protests and Demonstrations- Protests and demonstrations, even those that are well intended, have the potential to turn violent with no warning. Counter protests can also turn violent. Action by security forces to disperse demonstrators and protesters may occur at any time. If you are in an area where demonstrators or protesters are gathering, avoid the temptation of staying for a good photo opportunity and leave the area immediately.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards) have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk.

We take all prudent measures in relation to your safety. For ways to further enhance your personal safety while traveling, please visit:

www.gadventures.com/travel-resources/safety/

Trip Specific Safety

Like anywhere in the world, major cities have areas safer than others, use common sense, be aware of your surroundings and mind your personal belongings.

Medical Form

Our small group adventures bring together people of all ages. It is very important you are aware that, as a minimum, an average level of fitness and mobility' is required to undertake our easiest programs. Travellers must be able to walk without the aid of another person, climb 3-4 flights of stairs, step on and off small boats, and carry their own luggage at a minimum. Travellers with a pre-existing medical condition are required to complete a short medical questionnaire, which must be signed by their physician. This is to ensure that travellers have the necessary fitness and mobility to comfortably complete their chosen trip. While our CEOs work hard to ensure that all our travellers are catered for equally, it is not their responsibility to help individuals who cannot complete the day's activities unaided. Please refer to the physical ratings in this Trip Details document for more information.

The medical questionnaire can be found online at:

www.gadventures.com/medical-form.

A Couple of Rules

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter, and in particular the local people who make the world the special place it is. The exploitation of prostitutes is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they use prostitutes.

Travel Insurance

Travel Insurance: Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your CEO, who will take note of your insurance details. When selecting a travel insurance policy please bear in mind that all clients must have medical coverage and that we require a minimum coverage of USD 200,000 for repatriation and emergency rescue. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

Planeterra-The G Adventures Foundation

The Planeterra Foundation planeterra.org is a Canadian non-profit organization that helps empower local people to develop their communities, conserve their cultures, and create humane and supportive systems for their endeavours. Planeterra provides capacity building and catalyst grants to get community social enterprises off the ground. These businesses address local challenges by providing benefits for indigenous people, empowering marginalized women, and granting disadvantaged youth access to education, employment, and brighter futures. Planeterra also works to ensure these businesses have a thriving customer base by integrating programs into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs so 100% of your donation will bring opportunity to people in need.

Dollar-a-Day Program

G Adventures' Dollar-a-Day Program provides travellers with the opportunity to give back to the people and places visited on our tours by donating one dollar for every day you are on trip. 100% of these donations go directly to support community development projects worldwide that are implemented by Planeterra.

Local Dress

While visiting mosques and other religious monuments you should dress modestly, cover your shoulders and you shouldn't wear short shorts or skirts.

Feedback

After your travels, we want to hear from you! Your feedback information is so important to us that we'll give you 5% off the price of your next G Adventures trip if your feedback is completed on-line within 30 days of finishing your trip. Your tour evaluation will be e-mailed to you 24 hours after the conclusion of your trip. If you do not receive the tour evaluation link in the days after your tour has finished, please drop us a line at customerservice@gadventures.com and we will send it on to you.

Newsletter

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at www.gadventures.com/newsletters/

Stay current on how our company invests in our global community through our foundation - Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

Minimum Age

You must be 18 to travel unaccompanied on a G Adventures tour. For minors travelling with a guardian over 21 years old, the minimum age is 12.

International Flights

Check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.